



Rotary Club of Grass Valley



The Spoke



Chartered March 16, 1925

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Rotary Theme 2013-2014
Engage Rotary, Change Lives

Governor, District 5190
Vicki Puliz

April 7, 2014

www.gvrotary.org

Volume 88, Issue 30

SAVE THE DATE



Saturday, May 10, 2014

[Register for the event, get more information, help by becoming a volunteer](#)

GOLD COUNTRY CHALLENGE TO FEATURE BIKE RODEO

Now is the time to get the word out about our bike Rodeo. Our club, with the support of Youth Bicyclists of Nevada County and the Calif Highway Patrol, is sponsoring a Bike Rodeo on May 10th at the fair grounds beginning at 11:00. It is free for kids. The participants and their families are invited to the BBQ and entertainment after the Rodeo. BBQ tickets for adults are \$15 and for kids 10 and under it is \$5.

YBONC's bike rodeo program allows youths to pedal on a bike paved and/or dirt path, practice bike safety skill stations and introduces riders to beginner level mountain biking features. Participants receive a goodie bag with race plate no., water bottle, Cliff bar, and a "Bike Safety Skills Completion" certificate.

Other related activities include a recycling bike parts: Key ring Station, recycle bike chains, T-Shirt Stations, & make bike art imprints

Speakers:

Apr 7 Nevada County Youth Speech Contestants

Dates to Remember:

Apr 5 District Assembly - Atlantis Hotel, Reno
Apr 6 Area Music Contest
May 10 1st annual Gold Country Cycling Challenge
May 15-18 District Conference—Nugget in Sparks, NV

Click here to view: [April 2014 District 5190 Newsletter](#)

Rotary Youth Exchange: family needed

Rotary of Grass Valley has participated in the Rotary Youth Exchange program for many years. Ideally, a student is hosted in three different homes during their ten month visit. We currently have a student from the Canary Islands, and one in Spain. We have a qualified student who will be going to Italy in August, which obligates our club to host another Incoming Student for 2014-2015. I am grateful that Marcia, our Treasurer, has volunteered to be the first Host Family, however, we will need at least another two families to provide a home and family to that student.

Please speak with your spouse, or significant other about hosting a student next year. Single parents are not excluded, nor is being a senior or not having children at home, a barrier. These students are always grateful for the opportunity to be here, and generally quite bright and independent. It is an experience you will not regret. If you are interested, or would like more information, please call me at [530-477-2803](tel:530-477-2803).

Bobbie Swanson, Youth Exchange Officer,
Rotary of Grass Valley



April is Magazine month - recognizing the contribution of "The Rotarian" and "The Rotary News"

A stranger called the meeting to order at 12:15. No, wait; that's **President Steve**. **Marcia Salter** led us in the Pledge. **Jon Byerrum** brought us all down with his *5 Regrets of Dying Thought* for the Day. **Eric Fredrickson**, obviously the team captain, did most everything else except the picture taking (**Fred Claessens**) and the set-up (**Ken Holbrook**).

President Steve announced that the Area Speech Contest will be held on April 1st and the Area Music Contest on April 6th. District Assembly is April 5th. So, you might as well leave your pin on. Lots of Rotary activities this week. **Fred Claessens** suggested that we all put the *bike ride* poster in our car windows. **Dick Panzica** shared that he has already canvassed many local businesses for sponsorships (Great job, Dick!).

Jon Byerrum paid a \$25 fine for purchasing four chicks in spite of the fact that he offered to let **President Steve** use the Barred Rock chick, named Belle, until his real bell is returned. **Ken Holbrook** paid a fine for purchasing a brand new Dodge diesel truck because his two-year-old Dodge diesel turned out to be a lemon. Let me know if you want in on the pool to try to predict how many Dodge diesel lemons Ken is going to purchase before he buys a Chevy. **Kathy Egenes** shared that she took her 90-year-old parents to Las Vegas. I think it's obvious that Kathy doesn't have any secrets that need to "stay in Las Vegas." And finally, **Blake Smith** announced that he took his wife and three kids to the Magic Kingdom, and that he not only survived but actually enjoyed the experience.

Eric Trygg introduced our guest, **Peggy Devine**. Appropriately enough after Jon's "regrettable" thought for the day, Peggy led us through a very informative talk on cancer that she calls Cancer 101. As frightening a subject as cancer is to most of us, it was reassuring to know that 80% of the people diagnosed today with cancer will not only survive, but go on to live healthy lives and die of something else (OK, that last part isn't quite as reassuring as the first part). Also of interest, cancer medications are beginning to be custom tailored to each individual based upon DNA testing. For more in-depth info, go to the Cancer Information and Support Network website at www.CISNcancer.org.



Steve Sauer drew the number, but not the marble. Save up your dollars. Next week, the odds are 4:1.



<p>Rotary Club of Grass Valley P.O. Box 1213 – Grass Valley, CA 95945 Meeting location: Monday at 12:15 PM The Holbrooke Hotel – 212 W. Main St.</p> <p>Make Up Meetings Members who miss a regular meeting may make-up by attending any other Rotary club's meeting within 14 days before or after the missed meeting.</p> <p>E-makeup: www.rotaryclubone.org</p>	<p>Tuesday 7:00 a.m. Nevada County South, Alta Sierra Country Club 12:00 Auburn, Auburn Elks Lodge 12:15 Penn Valley, Players Pizza 12:15 Marysville, Peach Tree Golf & Country Club</p> <p>Wednesday 7:00 a.m. 49er Breakfast Club, Escaton Lodge</p>	<p>7:00 a.m. Auburn Daybreak, Sierra Smokehouse Grill 12:15 Yuba City, The Refuge</p> <p>Thursday 7:00 a.m. South Yuba County Sunrise Peachtree Restaurant (Marysville) 12:15 Auburn Gold Country, The Ridge Golf Course 12:15 Nevada City, National Hotel</p>
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